**QUICK REFERENCE GUIDE:** Medications *to avoid or use with caution* in patients with mast cell disease in emergency situations

*Please note: Some of the Drugs to Avoid may be given if absolutely necessary, if given with a prep to stabilize mast cells. Please refer to one of our mast cell experts for instructions. [https://tmsforacure.org/](https://tmsforacure.org/)*

<table>
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<tr>
<th>Medication Type</th>
<th>Avoid or use with caution</th>
<th>Drugs that are typically tolerated</th>
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| General Drugs                    | alcohol  
amphotericin b  
dextran  
dextromethorphan  
polymyxin B  
quinine  
vancocycin IV  
alpha-adrenergic blockers  
beta-adrenergic blockers      | calcium channel blockers  
centrally acting alpha 2 adrenergic stimulants  
aldosterone antagonists     |
| Pain Medications                 | opioid narcotics (may be tolerated by some individuals)  
Toradol (ketorolac)  
Non-steroidal anti-inflammatory drugs (unless the patient is already taking a drug from this class) | fentanyl -may require adjunct treatment with Zofran (ondansetron)  
tramadol                     |
| Muscle Relaxants                 | atracurium  
doxacurium  
rocuronium  
mivacurium  
succinylcholine          | pancuronium  
vecuronium                       |
| Local Anesthetics                | benzocaine  
chloroprocaine  
procaine  
tetracaine               | bupivacaine  
lidocaine  
mevipacaine  
prilocaine  
levobupivacaine  
ropivacaine          |
| Intraoperative Induction Meds    |                                                                                           | ketamine  
midazolam  
propofol                     |
| Inhaled Anesthetics              |                                                                                           | sevoflurane                        |

References: