

Some common
SYMPTOMS
of MAST CELL DISEASE

that are caused by mast cell mediator release



NEUROLOGICAL

headache, brain fog,
cognitive dysfunction,
anxiety, depression

Patients may have a few
or **many** symptoms

CUTANEOUS (SKIN)

flushing of the
face/neck/chest

hives, skin rashes

itching with or without rash

CARDIOVASCULAR

light-headedness

syncope (fainting)

rapid heart rate, chest pain

low blood pressure

high blood pressure at the
start of a reaction

blood pressure instability

GYNECOLOGICAL

uterine cramps

bleeding



URINARY

bladder irritability

frequent voiding



SYSTEMIC AND/OR ORGAN SPECIFIC

anaphylaxis

angioedema (swelling)

EAR/NOSE/THROAT/RESPIRATORY

nasal itching and congestion

throat itching
and swelling

wheezing
shortness of breath

GASTROINTESTINAL

diarrhea, nausea, vomiting,
abdominal pain, bloating,
gastroesophageal reflux
disease (GERD)

SKELETAL

bone/muscle pain,
osteopenia, osteoporosis



Symptoms can be

SUDDEN and

UNPREDICTABLE

in onset

AND MORE...

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tmsforacure.org

