Sometimes it’s hard to say how you feel. Maybe you can’t think of the word to describe what’s going on or maybe you just don’t feel well enough or in the mood to talk about it. Use this puzzle to help let others know what you are going through, inside and out.

Find Your Feelings-Jr

AWKWARD  BAD  BOLD  BORED  BRAVE  CONFIDENT  CONFUSED  DETERMINED  EMBARRASSED  ENERGETIC  EXCITED  GOOFY  HAPPY  HURT  INSPIRED  INTERESTED  ITCHY  JOYFUL  LONELY  LOVED  MAD  NERVOUS  POSITIVE  PROUD  SAD  SCARED  SENSITIVE  SICK  SILLY  SORE  STRONG  TIRED  UNCOMFORTABLE

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